



CLASSIC HOT TOTTY



Serves: 1
Prep: 5 mins
Cook: 0 mins



Nutrition per serving:
103 kcals 0g Fats
12g Carbs 0g Protein

INGREDIENTS:

- 1 measure brandy, whiskey or rum
- 1 tsp. honey
- 2 cloves
- ½ cinnamon stick
- Slice of lemon + some juice
- Water or tea

PREPARATION:

1. Boil the kettle.
2. Place the chosen alcohol, honey, cloves, cinnamon, and lemon slice in a warmed glass.
3. Top with boiling water or freshly brewed black tea.

LC

V

Q

DF

GF

